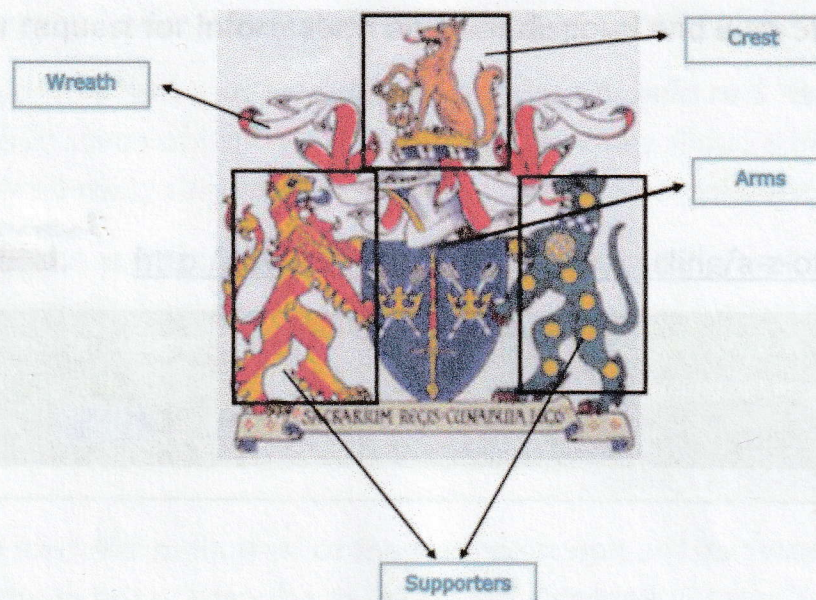


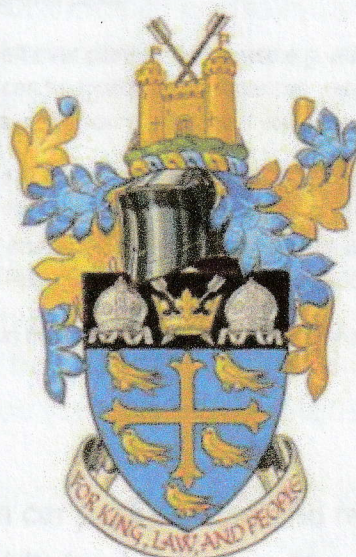
**One in three youngsters failing to get half an hour of exercise a day.** The latest Sport England Active Lives survey puts Forest Heath at the bottom of the county's districts with 44% of children aged 5 to 16 years failing to get at least 30 minutes a day of exercise; and St Edmundsbury at the top, with 29%.

**Coat of Arms for the new West Suffolk Council.** Options have been discussed by the Shadow Council, with the former West Suffolk County Council coat of arms, possibly being adopted. The existing St Edmundsbury and former SCC Coat of Arms are pictured below.

**St Edmundsbury Coat of Arms: (with component parts highlighted)**



**Representations of the former West Suffolk County Council Coat of Arms (including Motto):**



*Mike Chester*

Borough Councillor for Hawstead-Whepstead-Rede-Chedburgh-Chevington